

Relaxing Spa Experiences

The Ritz-Carlton Spa, Amelia Island



Enter into an environment created with you in mind, offering unique body, mind and spirit experiences which replenishes and refreshes using the finest ingredients from around the world.

Relaxation Massage

Ease lifestyle build-up of fatigue and tension, increase flexibility, balance and restore well being with a light-touch, relaxing massage. 50 minutes

Heavenly Escape

Relax and let go. Soothing massage concentrating on the head and scalp with a luxurious hair conditioning treatment. Treatment is enhanced with a light, gentle neck and shoulder massage which includes skin softening treatment for your hands and feet. 50 minutes

Warm Himalayan Salt Stone Massage

Therapeutic massage using heated stones and Himalayan salt stones combine the benefits of earth and ocean to create a relaxed, dream-like state while melting away stress and muscle tension. 50 minutes

Classic Facial

A relaxing facial that is tailored to your skin's specific conditions and challenges.. 50 minutes

Citrus Grove Manicure and Pedicure

Calming nectar hand or foot soak followed by silky shea butter application. Nails are shaped and polished to a perfection. 90 minutes

Signature experiences are highly personalized to benefit your specific needs.....